

**essential oils for beginners the guide to get started** - *essential oils for beginners is a comprehensive guide to harnessing the natural power of essential oils if you re interested in getting started with essential oils and aromatherapy this book is a great place to start sarah nature s nurture for centuries essential oils have been known to possess natural healing powers but even natural remedies can cause harm if not used correctly, the encyclopedia of essential oils the complete guide to* - *the definitive a to z reference guide to aromatherapy oils a comprehensive guide to aromatherapy herbalism and holistic health care this easy to use volume lets you access essential information in a variety of ways with a therapeutic index a botanical index and botanical classifications plus safety information*

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